

REPORT TO THE HEALTH AND WELLBEING BOARD

9th June 2022

Barnsley Mental Health and Wellbeing Strategy 2022 - 2026

Report Sponsor: Adrian England
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1. Purpose of Report

- 1.1 The report is intended to provide members of the Health and Wellbeing Board with an overview of the Barnsley Mental Health and Wellbeing Strategy 2022 – 2026, with a view to the Board endorsing and officially agreeing to publish the strategy.

2. Recommendations

- 2.1 Health and Wellbeing Board members are asked to:-
- Formally endorse and sign off the publication of the Barnsley Mental Health and Wellbeing Strategy 2022 – 2026 (Appendix 1).

3. Delivering the [Health & Wellbeing Strategy](#)

- 3.1 Improving mental health and wellbeing for people of all ages is one of the two key priorities outlined within the Health and Wellbeing Strategy. Our new mental health and wellbeing strategy underpins the Health and Wellbeing Strategy by detailing how we will improve mental health in Barnsley, through the combined efforts of partners on the Mental Health Partnership.

4. Reducing Health Inequalities

- 4.1 Mental health is shaped by circumstances in which a person grows up, lives, works and socialises. Inequalities in the social, economic and physical environments in which a person lives all impacts upon a person's mental wellbeing. We know, for example, that deprivation is a key determinant of whether somebody is likely to experience mental ill health. People on low incomes have higher rates of mental health conditions, particularly severe and enduring problems, than those in higher income groups.
- 4.2 Our strategy is written with the concept of universal proportionalism in mind. We aim to improve mental health and wellbeing for all residents in Barnsley but will adapt the scale and intensity of our resources so that it is proportionate to the level of need and the level of disadvantage. The strategy focusses on both improving existing mental health services to ensure they meet the need of Barnsley residents whilst also dedicating partners' collective

time, effort and resources towards preventing mental ill health in the first place.

5. Introduction/ Background

- 5.1 Barnsley's new, all-age 'Mental Health and Wellbeing Strategy 2022 – 2026' has been produced by the Mental Health Partnership to set the strategic direction for the Partnership, agree our priorities and detail how we will improve mental health and wellbeing in Barnsley over the next four years. The strategy, follows a 'life course' approach – detailing how mental health and wellbeing can be improved from a person's early years right through to the end of their life.
- 5.2 Whilst the new strategy is broad and wide-ranging, the Mental Health Partnership have agreed for there to be a greater focus on areas of particular challenge over the next 12 months, namely eating disorders, self-harm and mental health crisis care. These areas of greater focus will be reviewed annually.

6. Contributing to Health and Wellbeing Board's key priorities

- 6.1 The mental health strategy directly contributes to improving mental health and wellbeing across the borough, one of the Health and Wellbeing Board's key priorities.

7. Consultation with stakeholders

- 7.1 A significant amount of consultation has been undertaken as part of the development process of the strategy. A public consultation was held between December 2021 and February 2022; which included an online survey and the opportunity for the public to attend Zoom meetings to discuss the strategy. In addition, consultation has been held with key partners through the Mental Health Partnership and the Mental Health Partnership Delivery Group, which includes representation from a range of services and members of the public.

8. Conclusion and Next Steps

- 8.1 In order to measure the progress being made, we will develop and implement a mental health strategy delivery plan and mental health dashboard. Aligned to this, the Barnsley Mental Health Forum (a service user and carer group) have also developed a number of Quality Standards. These Standards are currently a work in progress but the aim is to discuss each in more detail amongst all partners and if agreed, they will be one of the tools against which our progress will be measured.
- 8.2 There is a great sense of collaboration and willingness among all members of the Mental Health Partnership Board to improve the mental health and

wellbeing for all Barnsley people. Implementing this mental health strategy will be a huge step forward towards achieving that ambition.

11. Appendices

11.1 Appendix 1 – Barnsley Mental Health and Wellbeing Strategy 2022 - 2026

Officer: Patrick Otway & Ben Brannan

Date: 9th June 2022