

# Item 4a

Report of the Executive Director Core Services  
to the Overview and Scrutiny Committee  
on Tuesday 22 March 2022

## **Children & Young People's Mental Health Services (CYPMHS) in Barnsley – Cover Report**

### **1.0 Introduction and Background**

- 1.1 Children & Young People's Mental Health Services (CYPMHS) refers to all services that work with children and young people (CYP) up to the age of 18 years of age, who may need help and/or support with their emotional health and wellbeing.
- 1.2 As reported previously to the OSC, it has been acknowledged at a national level (with the production of the Department of Health's 'Future in Mind' report) that service provision to support CYP's emotional wellbeing and mental health needs to focus on a number of aspects including:-
- Promoting resilience, prevention and early intervention
  - Improving access to effective support
  - Care for the most vulnerable
- 1.3 Over the past few years the Overview & Scrutiny Committee has been scrutinising the work of the Child & Adolescent Mental Health Services (CAMHS).
- 1.4 At the OSC meeting in March 2021 Members were informed of the improvements made to the wider network of services, which included:-
- An independent Review of CYPMHS
  - Co-production of service specification for CYPMS moving away from the traditional medical tiered model and tendering Process
  - The establishment of a CYPMHS Steering Group
  - CAMHS Improvement Programme of Work
  - The Appointment of Compass as the provider for MHSTs
  - Continuation of work to improve the CAMHS Waiting List Position
  - Strengthening support and focus on CYPMHS
- 1.5 In addition, one of the Overview & Scrutiny Committee Task & Finish Groups established in 2020, completed their investigations into Early Intervention & Prevention for Children & Young People's Emotional Health & Wellbeing in Barnsley and a report was presented to Cabinet. The group of Elected Members were joined by a colleague from Healthwatch Barnsley and undertook a series of 'check and challenge' sessions with experts within public health, the health service, support services from across the borough as well as hearing from young people directly. A number of recommendations were made to support service improvement and Item 4d (attached) provides an update on the progress of the recommendations as requested by the Task & Finish Group.

## **2.0 Current Position**

- 2.1 The attached report (Item 4b) provided by Barnsley CCG (Clinical Commissioning Group) and South-West Yorkshire NHS Partnership Foundation Trust (SWYPFT) looks at the key activities of each service in detail, including waiting list data for CAMHS, as well as the plans and challenges for the future.
- 2.2 Item 4c (attached) provided by Barnsley CCG and SWPFT provides further information on the activities undertaken to improve and transform the provision of CYPMHS in Barnsley.
- 2.3 Item 4d (attached) provided by the Children and Young People's Emotional Health and Wellbeing Transformation Lead includes updates on the progress of the recommendations made by the CYP Emotional Health & Wellbeing TFG in accordance with the groups recommendation.

## **3.0 Invited Witnesses**

- 3.1 The following witnesses have been invited to today's meeting to answer questions from the committee:-
- David Ramsay, Deputy Director of Specialist Services, SWYPFT
  - Laura McClure, Service Manager Barnsley CAMHS, SWYPFT
  - Dr Ovidiu Sandica, Consultant Child & Adolescent Psychiatrist and Medical Clinical Lead for Barnsley & Wakefield CAMHS, SWYPFT
  - Patrick Otway, Head of Commissioning (Mental Health, Children's and Maternity), Barnsley CCG
  - Lucy Hinchliffe, Commissioning and Transformation Manager, Barnsley CCG
  - Lauren Nixon, Children and Young People's Emotional Health and Wellbeing Transformation Lead, joint appointment for BMBC Public Health and Barnsley CCG
  - Lesley Pollard, Managing Director, Chilypep
  - Jan Smith, Interim Operations Manager, Compass

## **4.0 Possible Areas for Investigation**

- 4.1 Members may wish to ask questions around the following areas:
- Which achievements are you most proud of over the last year and which do you think have made the most difference to the children and young people of Barnsley?
  - What mechanisms are in place for reviewing the effectiveness of services (such as peer review, self-assessment etc) based on improving outcomes, and what are the most recent findings?
  - What commissioning & operational arrangements are you putting in place to address the increasing CAMHS waiting lists/time, what more is going to be done, and when do you expect to see the impact?
  - Do CAMHS staff and the wider network have the appropriate skills and capability to work successfully? What are the barriers and how are these to be addressed?
  - Given the impact of Covid, what work has been done to predict the short-term and longer-term demands upon services and how will this inform commissioning arrangements?

- What demands have been placed on the new bereavement service and is there sufficient capacity to meet demand?
- What work has been done to understand the rise in the number of young people presenting with eating disorders in Barnsley, what lessons have been learned, and how will this information be used going forward?
- When will provision for young people presenting with eating disorders be improved?
- How are you evaluating the quality and impact of the activities, to ensure that the right people get the right support at the right time? Do you ask the young people themselves?
- How frequently do young people re-present to services and what does this tell you?
- How is information shared between providers so that they can build a picture of what is happening in a young person's life?
- What support is available to parents and young people before and between referrals / appointments and is this available to everyone?
- What evidence do you have to show that the voice of the child/young person and their families is heard when designing services? If asked, how do you think they would describe services and how well their needs are met?
- How has the Single Point of Contact launch gone and what benefits will this bring to children, young people and their families?
- How do young people know where to go when they need help and do you think that communication is as effective as it could be, particularly with those who are hard to reach?
- What arrangements are in place to ensure that there is a good transition to adult life? How effective are handover arrangements between child and adult services?
- What can Members do to support work around children & young people's mental health services in Barnsley?

## **5.0 Background Papers and Links**

- Item 4b – Children & Young People's Mental Health Services (CYPMHS) in Barnsley Report (attached)
- Item 4c - Summary of Activities to improve and transform the provision of CYPMHS within Barnsley as reported to the Overview & Scrutiny Committee (attached)
- Item 4d - Update to OSC Task & Finish Group (CYP Emotional Health and Wellbeing) February 2022 (attached)
- Department of Health Future Mind Report:-  
[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)

- Harmless, the centre of excellence for self-harm and suicide prevention:-  
<https://harmless.org.uk/>
- CYPMHS cover report to OSC – 09 March 2021:-  
<https://barnsleymbcintranet.moderngov.co.uk/documents/s76745/Item%204a%20-%20Children%20Young%20Peoples%20Mental%20Health%20Services%20in%20Barnsley%2020210309%20-%20Cover%20Report.pdf>
- CYPMHS in Barnsley report to OSC- 09 March 2021:-  
<https://barnsleymbcintranet.moderngov.co.uk/documents/s76746/Item%204b%20-%20Children%20Young%20Peoples%20Mental%20Health%20Services%20in%20Barnsley%20Report%2020210309-%20FINAL.pdf>
- CYPMHS in Barnsley report to OSC Minutes:- 09 March 2021:-  
<https://barnsleymbcintranet.moderngov.co.uk/mgAi.aspx?ID=42560>

## 6.0 Glossary

ADHD	Attention Deficit Hyperactivity Disorder
ASD	Autism Spectrum Disorder
BMBC	Barnsley Metropolitan Borough Council
BSCP	Barnsley Safeguarding Children Partnership
C&YP	Children & Young People
CAMHS	Child & Adolescent Mental Health Services
CCG	Clinical Commissioning Group
Chilypep	Children & Young People's Empowerment Project
CYPMHS	Children & Young People's Mental Health Services
CSSC	Children's Services Scrutiny Committee
ECG	Executive Commissioning Group
EIP	Early Intervention & Prevention
EHYB	Emotional Health and Wellbeing
IAPT	Improving Access to Psychological Therapies
MHST	Mental Health School Team
OSC	Overview & Scrutiny Committee
PCN	Primary Care Network
PHE	Public Health England
PHSE	Personal, Social, Health & Economic
SPoC	Single Point of Contact
SSC	Safeguarding Scrutiny Committee
TFG	Task & Finish Group
VCS	Voluntary & Community Sector
VCSE	Voluntary, Community & Social Enterprise Sector
YOT	Youth Offending Teams

## 7.0 Officer Contact

Jane Murphy, Scrutiny Officer, [Scrutiny@barnsley.gov.uk](mailto:Scrutiny@barnsley.gov.uk)  
14 March 2022