


MENTAL HEALTH PARTNERSHIP BOARD

All-age Mental Health Strategy Update

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ALL-AGE MENTAL HEALTH STRATEGY

Rationale for a strategy refresh

Current Strategy

❖ Published 2015 –

- ❖ Pre dates 'Five Years Forward View in Mental Health'
- ❖ Pre dates 'Future in Mind'
- ❖ Pre dates 'NHS Long Term Plan'
- ❖ Pre dates PHE Prevention Concordat for Better Mental Health

❖ Excludes Dementia

ALL-AGE MENTAL HEALTH STRATEGY

Significant transformation of mental health services has taken place since the current strategy was published

Significant levels of funding are being received locally and regionally to transform mental health services even further (see NHS Mental Health Implementation Plan 2019/20 – 2023/24)

All partners have agreed to refresh the mental health strategy and to include Dementia services

Mental Health Strategy Task and Finish group established to refresh the strategy – development to be overseen by the MHPB

ALL-AGE MENTAL HEALTH STRATEGY

Mental Health Strategy Task and Finish Group agreed that the strategy will adopt a life course approach.


Key areas of focus agreed and a lead identified for each area of focus to lead the development of that part of the strategy.

Key areas of focus are as follows:

- ❖ Introduction / Overview – outlines the aims and ambitions of the strategy
- ❖ Local picture – outlines the data and intelligence which provides us with a clear picture of the emotional health and wellbeing of our local population
- ❖ Wider determinants of health – outlines the importance of the impact on our emotional health and wellbeing of factors such as housing, education, employment, transport, access to green space and physical activity
- ❖ Prevention – Early Intervention – outlines the benefits of people (especially children and young people) accessing early intervention and the need to shift our focus towards prevention and early intervention if we are to significantly improve the life outcomes of our population
- ❖ Developing Well – a) Perinatal / Maternal / Infant Mental Health – outlines the service developments in response to the issues around identifying and improving perinatal / maternal mental health support
b) Children and young people – outlines the significant, local transformation of emotional health and wellbeing services supporting our children and young people and to focus improvements on supporting our most vulnerable young people and our response to the current crisis within Eating Disorder services
- ❖ Living Well – outlines the proposed transformations being developed following the successful bid for Community Mental health funding - the focus is on improving the physical health of those with Severe Mental Illness (SMI); improving access to advice/support/treatment for those experiencing poor mental health; improving the support for those people experiencing personality disorder; IAPT
- ❖ Ageing Well – outlines the specific issues impacting on Older peoples mental wellbeing – adopting the Age Friendly Cities Framework – living with Dementia
- ❖ Crisis – liaison services – crisis alternatives – S136 – Early Intervention Psychosis
- ❖ Suicide Prevention
- ❖ Deliverables – still to be developed dependent upon the 2/3 local priorities agreed
- ❖ Proposed Mental Health Standards (20 in total) – Mental Health Dashboard in development

ALL-AGE MENTAL HEALTH STRATEGY

Each section of the Mental Health Strategy attempts to reflect the following 'Golden Threads':

- ❖ Tackling inequalities
 - ❖ Involvement, participation and co-production
 - ❖ Integration and partnership – community and voluntary sector organisations
 - ❖ Parity of esteem
 - ❖ Digitalisation
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ALL-AGE MENTAL HEALTH STRATEGY

Members of the Task and Finish Group were asked to feedback their comments on the content of the strategy document by close of play on 17th September.

Good response from members with very helpful comments / suggestions.

All comments are being considered (together with any comments from today's Health and Wellbeing Board) and incorporated where appropriate.

Design and format of the strategy is ongoing.

