



# **Penistone Social Inclusion Service**

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# The Contract

## **We said we would:**

- Work with partners to create 12 new sustainable groups over 2 years
- Create a Community Car Service
- Work with individuals who are socially isolated.
- Recruit volunteers as Good Neighbours, Community Car Drivers and to support Events
- Hold events to involve older people and share information
- Strengthen the community and create sustainable services

## **We did:**

- We developed 16 new activity groups and 15 of these are still running
- 400 Community Car journeys plus Afternoon Outings.
- We worked with more than 100 socially isolated people on a 1:1 basis. Over 80% increased their wellbeing and reduced loneliness scores
- We involved 80 volunteers providing 2370 hours
- We have held a series of events including Winter Warmth & Slipper Exchanges
- Services able to carry on where established. Increased joint working.

# Grant 1

- **1: 1 working with isolated people**

Holistic assessment and personalised planning

Dealing with causes of social isolation- housing, transport, disability, lack of confidence, dementia

Range of interventions e.g. Social Inclusion Worker, Good Neighbours, Afternoon Outings, supported group activities, Community Car Service

Service has worked with 50 individuals over 6 months. Substantial change in wellbeing and loneliness scores.

Service has also provided Information and Advice to 32 older people

Involving Volunteers- 38 volunteers have worked with the service under the new grants



# Grant 2

- **Focus on smaller communities:**

Wortley Afternoon Social, Tankersley Healthy Life Group

Creative activities in Silkstone and Cawthorne

Community roadshow in Dunford Bridge, Carlecotes and Crow Edge

- **Health & Social Opportunities:**

Tankersley Healthy Life Group, Wortley afternoon Social

We are working closely with Penistone Leisure Centre to put on new healthy activities for older people

- **Penistone Men in Sheds.**

This is a new group with 5 active volunteers involved in the set up phase. There are an additional 11 people interested in using the shed. Official launch planned for September

- **Intergenerational projects:**

Joint events with young people at the IKIC centre

Pen Pal project in partnership with schools.

# Grant 3

- **Improving Connectivity and Opportunities:**

New forum created - SOPPA (Supporting Older People in the Penistone area)

This will allow services and groups to share details about what facilities, services and groups exist already and to identify gaps in services.

It will allow members to feed in issues, to support each other, share resources, and to participate in joint training opportunities.

We will be able to work together to address specific challenges such as cold weather, isolation and illnesses. Working together will allow us to deliver a consistent and clear message to older people living in the area.

Dedicated email address and closed Facebook group

- **Age Friendly Penistone:**

Consultation with older people taking place throughout August/September

This will formulate the Age Friendly Penistone Action Plan

- **Volunteer Recruitment** - event arranged for 5<sup>th</sup> September

# Extra Value

- Excellent outcomes from contract, sustainable approach worked really well
- Continue community development and developing new ways of working
- Partnership working important to AUKB, charitable aims, wider brief and investing:
- £5,000 from National Lottery and £10,000 AUKB fundraised income to develop Penistone Men in Sheds Project
- £2,000 AUKB Fundraised income allocated to Meet and Eat (Bumping Spaces) to help them continue their work that includes older people
- Up to £2,000 for Physical Activity Projects from national funding pot plus training for volunteers
- Target £150,000 in benefit gains for older people in Penistone Area through Information and Advice
- Projected 1100 Volunteer Hours worth £14,861 at 13.51 an hour.



# What's coming up

- Launch of Men In sheds - September
- Volunteer Recruitment Event – 5<sup>th</sup> September
- Attendance at Penistone Show on 14<sup>th</sup> September. This will provide an opportunity to add to the Age Friendly Penistone consultation
- Community Roadshow in Dunford Parish
- Winter Warmth Event
- Love Later Life Event
- Creative activity sessions in surrounding villages
- More health related activities e.g. Tai Chi, Yoga



**Thank You**

**Any Questions**