

# Working Together for the Penistone Community

## PENISTONE AREA COUNCIL Performance Report

Quarter 4 (2017-2018)

### January – March 2018



## INTRODUCTION

Penistone Area Council priorities  
and Barnsley Council's priorities:

Environment

**THE LOCAL ECONOMY**  
including Tourism

Helping people  
to connect better

Health & Well Being

**SUPPORT**  
for young people

**THRIVING &**  
VIBRANT ECONOMY




PEOPLE <sup>ACHIEVING</sup>  
THEIR  
POTENTIAL

**STRONG &**  
RESILIENT COMMUNITIES

# COMMISSIONING WORK AND PROJECTS:

Table 1 below shows the providers that have been appointed to deliver services during the financial year April 2017 to end of March 2018 that address the priorities and deliver the outcomes and social value objectives for the Penistone Area Council.

Penistone Area Council priority	Service	Provider	Contract Value	Contract period
	Clean and Tidy Team	Environmental Services, BMBC	£160,000 18months	1 <sup>st</sup> November 2015 - 31 <sup>st</sup> May 2017
	Clean and Tidy extension – 3 days per week/ staff	Environmental Services, BMBC	£10,264	
	DIAL Drop in Service	DIAL	£4275	Working Together Funding – Jan17 to Dec17
			£4395	WTF funding Jan-Dec 2018
    	Additional allocation to ward Alliance	Penistone East and West Ward Alliance	£10,000	June 17 – March 18
    	Working Together Fund	<b>Round 1:</b> Penistone Scouts	£8050	Completed Dec 17
		Penistone Round Table	£11,660	
		TPT Volunteers	£6630	Dec 17 Completed
		Penistone FM	£15,627	
		<b>Round 2:</b> Bumping spaces	£19,836	
Sporting Penistone	£16,230	01/04/2017-18		
Penistone youth project	£8730		01/04/2017-18 January 17-18	

		<b>Round 3:</b> Penistone Community Radio Project  Cycle Penistone CIC  South Pennine Community Transport CIC  DIAL contract (see above)	£19,840  £5990  £5000  £6538	September 17-18  March 2018  Pilot project Dec 2017  Pilot extension to March 2018
<b>Health &amp; Well Being</b>  	Tackling isolation and loneliness  Contract extension	Age UK	£70,000  £70,000 (£17,500 17/18 budget, £52,000 18/19 budget)	1 <sup>st</sup> January – 31 <sup>st</sup> December 17  12 month extension to Jan 2019
	Penistone Matters Magazine	Penistone Area Council	£3364 Delivery costs £3364 Delivery costs	2017 summer edition  Summer 2018
	Clean, Green and Tidy	Twiggs Grounds Maintenance Limited	£98,006.96	Start date 1 <sup>st</sup> November 2017 12 months with option to extend for 1 year

# PART A - OVERVIEW OF PERFORMANCE

The Penistone Area Council commissions and funds contribute to the Councils overall priorities of thriving vibrant economy, stronger resilient communities and citizens achieving their potential.

The achievements of the combined outcomes are listed in table's below:



Outcome Indicators / target	Achieved to date
No. of FTE jobs created and recruited to	15(+2)
No. of apprentice and placement created and recruited to	2 (0)
Number of people taking up work experience placements	8 (+2)
No of clean & tidy activities which involve businesses	37(+19)
Local spend (average across all contracts)	90.5% (91.6%)



Outcome Indicators Target	Achieved to date	Achieved this quarter
No. of adult volunteers engaged	820	278
No. of young people engaged in volunteering	268	17
No. of activities which involve young people under the age of 18	113	3
No. of new volunteers	299 (+100)	
No. of community groups supported	167	44
No. of new community groups supported	33	8
Volunteer hours contributed (£ value)	£118,483	28,448
No. of volunteer opportunities created	606	93
Community car scheme journeys	184(+59)	

Includes Dial = Q1 return ,Penistone FM =Q2, Age UK =Q1 Bumping spaces = Q4 Sporting Penistone Q4 ,

\*accounts for new TWIGGS contract and finish of Targetted Youth support figures this quarter



Outcome Indicators Target	Achieved to date	Achieved this quarter
No. people achieving a qualification / accreditation	123	11
No. of people receiving training	369*	188
No. of residents and young people receiving advice and support	300	47
No. of residents referred to health advice	8	0
No. of young people making a positive contribution to the design/ maintenance of their local environment	215	20
No of people who feel they have the opportunity to influence the design and maintenance of their local environment	157 (+66)	

\*  
TWIGGS INFORMAL TRAINING TO ALL VOLUNTEERS

## **PART B - SUMMARY PERFORMANCE MANAGEMENT REPORT FOR EACH SERVICE/ PROJECT**

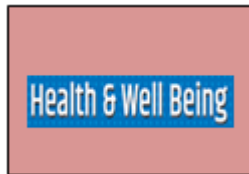
In addition to BMBC Council priorities the commissioned work also contributes towards meeting Communities Public Health Outcomes which are mapped to Barnsley Council's 2020 vision of:

- Create more and better jobs and good business growth
- Increase skills to get more people working
- Create more and better housing
- Every child attends school and is successful in learning and work
- Reducing demand through improving access to early help
- Children are safe from harm
- People are healthier, happier, independent and active

Public health outcomes for individual commissioned work has been highlighted within the report below.

### **Penistone Advice Drop In**

	<b>RAG</b>
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Satisfactory quarterly monitoring report	●
Milestones achieved	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●



Passionate  
about  
possibilities.

The DIAL drop in

provides Penistone with a dedicated advice worker supported by a volunteer, half a day per week. Funding for this service comes from the Penistone Working Together Fund, and was approved for a further 12 month contract from January 2018. The information below relates to the first quarter of delivery for the new 12 month contract. Due to the bad weather during this quarter some sessions had to be cancelled which created some backlog (subsequently caught up on by the worker). DIAL were asked to investigate measures to address long waiting times for people calling in, at the last contract review meeting. As a result appendix 1 has been added to show any impact of repeat callers, and they are also working on further measures to 'triage' which will be monitored during the next quarter.

## Project Highlights

- 10 face to face advice sessions held
- 47 residents attended face-to-face advice sessions (\*see appendix 1)
- The average number of residents attending a session is 4
- The highest number of residents attending a session is 6
- The total **actual** amount of unclaimed benefit income generated through the sessions to date is **£14,765**
- For every £1 invested from the Penistone Working Together Fund the project has brought **£13** (to date) into the area \* **actual amount of unclaimed benefit income generated) divided by one quarter's grant payment of (£)**
- Volunteers gave **72** hours of their time to support this project which equates to a volunteer investment of **£794**

## Project Outcomes



- 95% of residents attending the sessions reported feeling less anxious as a result of speaking to our advisor
- 67% of residents attending the sessions reported feeling more able to deal with their own affairs
- 73% of residents reported feeling their health and wellbeing had improved 3 months\* after receiving support from our advisor

### Breakdown of Enquiries

No. of Residents Attending Sessions

January 2018	20
February 2018	15
March 2018	12
<b>Total</b>	<b>47</b>

### Analysis of Presenting Issues

Issue	January	February	March
Benefits	17	10	7
Appeals	2	5	4
Blue Badge	1	0	0
Residential Care Charges	0	0	1
<b>Total</b>	<b>20</b>	<b>15</b>	<b>12</b>

### Analysis of Benefit Income Gain

Period	Actual	No of claims awaiting decisions/not known
Quarter 1	14,765	26
<b>Total</b>	<b>14,765</b>	

### Case Study

## **Before DIAL**

Mr. R attended Penistone outreach for help to complete a Personal Independence Payment form. He was very anxious and worried about completing the form. He had previously been getting the low rate components of care and mobility on Disability Living Allowance.

## **Advice provided by DIAL**

DIAL completed his Personal Independence Payment form. DIAL also advised Mr. R there is no low rate equivalent care component on Personal Independence Payment and if he receives the standard rate of daily living he will receive an extra premium on his Employment and Support Allowance.

## **After DIAL**

Mr. R was awarded the enhanced rates of both the daily living and moving around components. He also received the severe disability premium for his Employment and Support Allowance. This resulted in an additional £158.95 income weekly. In addition to which he is eligible for exemption from Vehicle Excise Duty as well as being eligible for a Blue Badge.

## **Client said**

“I cannot believe how much better off I am and will now manage to pay all my bills. It’s as if a weight has been lifted off my shoulders.”

## **Acknowledged outcome**

More money to live

Less worry and anxiety

Improved well being

## **Appendix 1**

### **Quarter 1 2018**

- 47 residents attended face-to-face advice sessions
- 7 residents were returning customers
- 4 returning customers required follow-up casework
- Of the 4 returning customers 8 ‘slots’ were utilised to undertake the follow-up casework

The public health outcomes this project has helped to achieve:

<b>Improving the wider determinants of health</b>	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.15	Statutory homelessness
<b>Health improvement</b>	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being

## Clean Green & Tidy team

		<b>RAG</b>
	Satisfactory quarterly monitoring report and contract management meeting.	
	Milestones achieved	
	Activity intervention targets	
	Outcome indicator targets met	
	Social value targets met	
	Satisfactory spend and financial information	
	Overall satisfaction with delivery against contract	
		

At its Penistone Area Council meeting on the 5th October 17 a decision was taken to award Twiggs Grounds Maintenance limited a 12 month commission (with provision to extend for a further 12 months subject to satisfactory outcomes from contract monitoring) to provide a Clean Green and Tidy service to support the area's environmental priority, in addition to having an impact on two other priorities as listed. This contract is making excellent progress since starting in November with many targets exceeded. Below shows a selection of some of the achievements made so far.

### Summary of progress to date

2017/2018 Milestones	Targets
Staff Recruited	December 2017
Set up Multi Agency Steering Group	April 2018 ( Still to be arranged)
Attend parish council meetings	March 2018
Attend Area Council briefing meeting	7/12/2017 10am - 12
6 month review report Presentation to Area Council	June 7 <sup>th</sup> 2018
12 month review report	November 2018

## 2017 /2018 Activity Intervention Targets

	Q1 Nov-Dec Target	Q1 Nov-Dec Actual	Q2 Jan-Mar Target	Q2 Jan- Mar Actual	Q3 Apr-June Target	Q3 Apr-June Actual	Q4 Jul- Sept Target	Q4 Jul- Sept Actual	2017/18 Year Target	2017/18 Year Actual
No. of Twiggs led social action projects delivered	5	9	10	61 Smaller projects achieved as start up	15		10		40 (48)	
Existing Groups/ Parish/ Town Councils supported	10	10	10	22	10		10		40	
Number of supported enforcement/ NCS/Probation Service/ Princes Trust Projects		0		0 In discussion with Sarah Kendrick	2		3		5	
New Community Groups supported	2	4	2	1	3		3		10	
Activities working with local schools	1	1	6	6	5		4		16	
Activities working with businesses	4	4	8	19	4		4		20	
Residents / groups taking responsibility for green areas/ shrub beds/ planters	1	1	5	5	3		3		(12)	
Number of individual Litter Picks completed	10	28	10	44	10		10		40 (144)	
Added value projects delivered (no targets set)		6		27						

### Residents / groups taking responsibility for green areas/ shrub beds/ planters

1. ##### from Springvale Community Garden and Huskar Memorial Projects
2. ##### from the Penistone Church
3. Hunshelf Parish Council are out most days at Green Moor
4. Thurlstone Community Group
5. Millhouse Green Community Group

### Outcome Indicators

#### Outcomes:

- ***Creating a well maintained, clean, safe, well presented and welcoming physical environment***
- ***Local communities involved in ensuring areas are kept clean and litter free***
- ***Reduction in levels of littering and dog fouling***
- ***Residents/community groups taking responsibility for green areas/shrub beds/planters etc.***
- ***Increase skills and work experience at local level***
- ***Increase the number of people engaged in volunteering activities in the community***

	Q1 Nov-Dec Target	Q1 Nov-Dec Actual	Q2 Jan-Mar Target	Q2 Jan- Mar Actual	Q3 Apr-June Target	Q3 Apr-June Actual	Q4 Jul- Sept Target	Q4 Jul- Sept Actual	2017/18 Year Target	2017/18 Year Actual
No. of new adult volunteers involved in Twiggs led social action projects	10	16	20	70	30		20		80 ( based on 2 new vol at each project)	
No. of new young people volunteering		0	5	14	10		5		20	
Total Number of Adult Volunteers involved in Twiggs Led volunteering opportunities		16		154					150 To be reviewed	
Total Number of Young Volunteers involved in Twiggs Led volunteering		0		14					40	
Opportunities Meeting arranged with Mick O'Rourke Youth support programme										
No. of NEETS Worked with		0		0					To be reviewed – linked to work with targeted Youth support as above	
No. of events assisted which supports the visitor economy		0		0	3		3		6 Potential events = Tidy Penistone Show Penistone Gala Parish festivals Huskar 180	
Volunteers Recruited and Trained **	5	16	5	170	15		15		40	
Volunteer Hours supported		48		494					(1920) Floating to be reviewed	
									each quarter linked to volunteer number	
Volunteers receiving and completing training	0	0	0	0	10		15		25 To be removed as linked to above **	
Number of Secondary Schools worked with	0	0	0	1	1		0		1	
Number of Primary Schools worked with	1	1	2	4	2		1		6	
Number of School pupils involved in environmental projects		0		14					18 ( based on min of 3 per school)	
Number of local businesses worked with		7		5 Working toward sustainability with TESCO					20	
*No. of black large sacks of rubbish collected(no targets set)		18		165						

\*This figure does not include the black large sacks removed from Special Project events/ other supported group events

## Achieved Social Value Objectives

	Q1 Nov-Dec Target	Q1 Nov-Dec Actual	Q2 Jan-Mar Target	Q2 Jan- Mar Actual	Q3 Apr-June Target	Q3 Apr-June Actual	Q4 Jul- Sept Target	Q4 Jul- Sept Actual	2017/18 Year Target	2017/18 Year Actual
No. of FT jobs created and recruited to	3	3	0	0	0		0		3	
No. of new apprentices employed  Now operating rotation with other areas, and includes Barnsley internship programme (pre-cursor to apprenticeship)	1	1	0	0	0		0		1	
No. of work experience placements  (to include restorative justice placements)		2		2						
% spend in Barnsley		95% +		95%					95%	

Hot Spot Areas targeted this Quarter include:

1. The Market Barn and surrounding area
2. Green Moor
3. Barnsley Road
4. Water Meadows
5. South Lane
6. Cawthorne Lane

## Schools Worked with/ Developments

### 1.Hoylandswaine Primary School

24/01/18 – Cutting around over grown pond area in preparation for an educational project with the school. Cleared an area for the compost heap.

25/01/18 - 8 Children and 2 teachers supported the activities raking derbis around the pond area using wheel barrows to transfer onto the compost heap. Educational talk delivered about techniques with tools, plant identification, wildlife and composting. A very positive session, the school are keen to continue their involvement with the team.

01/02/18 – Delivered certificates for children involved with the pond event for completing their environmental session with the team.

### 2.Thurgoland Primary School

31/01/18 – Organised education session about litter, 6 children to carry out gardening work outside school. 4 volunteers also participating.

### 3.Daisy Chain Pre-School

24/01/18 – Verbal plan of action and garden design with Daisy Chain Pre School in Thurlstone. Community event proposed with Brownies and representatives of local groups.

01/02/18 – Crown lifting trees and digging out border for children to plant in garden used for Thurlstone Community Volunteers – Branches to be introduced into the woodland

#### **4.Penistone Grammar School**

20/02/18 – Visit to discuss educational events, building wildlife habitats at Water Meadows. Awaiting to hear back from them once they have assigned a teacher to the project.

#### **5.Silkstone Primary School**

21/02/18 – Visit to look at plans for community event building a garden area. Date provisionally set for the Saturday 15<sup>th</sup> March 2018.

13/03/18 – Digging out a path and following a design. Memorial garden for children. Ground preparations to enable children to plant in the garden. (4 volunteers)

28/03/18 – Filling in the pathway with chippings for Huskar children memorial garden at Silkstone Primary School. (2 volunteers)



#### **6.Cawthorne Primary School**

19/01/18 – Meeting at school to plan future engagement event. Very Positive response received.



## D. Business Supported/ Developments

### 1. Tesco's Store

Market Barn Penistone – Litter picking the barn and car park around Tesco.

Monday 8<sup>th</sup> January 2018 – 5 large sacks of litter collected

Monday 15<sup>th</sup> January 2018 – 4 large sacks of litter collected

Monday 22<sup>nd</sup> January 2017 – 4 large sacks of litter collected

Monday 29<sup>th</sup> January 2018 - 1 ½ large sacks of litter collected

Monday 5<sup>th</sup> February 2018 – 1 large sack of litter collected

Monday 12<sup>th</sup> February 2018 – 2 large sacks of litter collected

Monday 19<sup>th</sup> February 2018 – 1 bag of litter collected

Monday 26<sup>th</sup> February 2018 – 3 large sacks of litter collected

Monday 5<sup>th</sup> March 2018 – 3 large sacks of litter collected

Monday 12<sup>th</sup> March 2018 – 1 large sack of litter collected

Monday 26<sup>th</sup> March 2018 – 3 sacks of litter collected. We also planted some daffodils in preparation

for the Tour de Yorkshire passing through Penistone.

*\*This is an ongoing project which we will be continuing with every Monday 9.30am at the Market Barn with the Tesco Community Champion, and promoting for increased volunteer support.*



## 2. Tankersley McDonalds Restaurant

8/01/2017 – Meeting with the Manager, whilst litter picking scraping and clearing the leaves at Maple Road. Local projects to take place approximately once a month.



05/02/2017 – Supporting 7 volunteers and the team collected 11 black sacks of litter

14/02/2018 – Supporting 16 volunteers – 32 large sacks of litter collected and removed

05/03/2018 – Supporting McDonalds staff litter picking, clearing the moss and scraping back areas around the industrial estate.



## 3. Rose and Crown Pub

The pub provided refreshments and a base for our volunteers to meet,

And also support with staff volunteering their time to keep the local

Are clean and tidy.

23/02/2018 - Litter picking with one volunteer from the name stone to the roundabout on Barnsley Road.

The Rose and Crown donated coffee and biscuits for volunteers taking part in the event. Altogether we collected 9 large sacks of waste from the area

20/03/2018 - Clearing thick moss with a volunteer on Barnsley Road, followed by refreshments provided by Rose and Crown Pub. 20 black sacks of waste was removed from the road.

## 4. The Lord Nelson

5/03/2018 – Our team supported the owner of the Lord Nelson Pub with tidying the bench area across the road, pruning, tidying the borders across the road.

## 5.The Wagon and Horse Inn

19/02/2018 – Leaf clearance from the road side and pavement around the pub area, with publication of Wagon and Horse. 13 large sacks of waste.

### E. Groups/ Schools Supported

1. Penistone History Archive Group
2. Thurlstone Community Group
3. Saundersons Gardens Residents Association
4. Oxspring Parish Council
5. Hunshelf Parish Council
6. Ingbirchworth Parish Council
7. Springvale Community Garden
8. Daisy Chain Pre School
9. Hoylandswaine Primary School
10. Tesco
11. The Lord Nelson
12. McDonalds Restaurants
13. Rose and Crown
14. Bank View Cafe
15. Cannon Hall Green Works

Selection of case study examples

#### 1. Tuesday 23rd January 2018 – Green Road

Activities Included: Supported by Penistone History Archive Group. Litter picking, clearance of bulky deadwood, mulching area, scraping and digging to reveal the Tank Ramp. We collected and removed 4 large sacks of waste from the area. Barnsley Chronicle attended to take photos of the project for a feature in the paper.

Number of Adult Volunteers- 1

Number of Young Volunteers – 0

**Total Number of Volunteers – 1**

Number of New Adult Volunteers – 0

Number of New Young Volunteers – 0

**Total Volunteer Hours - 3**



**2. Tuesday 6th February 2018 – Castle Dam and Bower Hill, Oxspring**

Activities Included: Litter picking with Oxspring Parish Council Councillors and volunteers. 8 large sacks of waste were collected and removed from the area.

Number of Adult Volunteers- 4

Number of Young Volunteers – 0

**Total Number of Volunteers – 4**

Number of New Adult Volunteers – 0

Number of New Young Volunteers – 0

**Total Volunteer Hours - 12**



**3. Tuesday 20th February 2018 – Water Meadows, Penistone**

Activities Included: Cutting branches into piles clearing a large area of fallen trees. 2 local volunteers and 17 volunteers from Cannon Hall Green Works.

Number of Adult Volunteers- 19

Number of Young Volunteers – 0

**Total Number of Volunteers – 19**

Number of New Adult Volunteers – 19

Number of New Young Volunteers – 0

**Total Volunteer Hours - 57**



**4. Friday 9<sup>th</sup> March 2018 – Green Moor**

**Activities included:** Working alongside volunteers pruning the shrubs, hedge cutting, crown lifting, prepping the grounds before seeding, leveling the ground and weeding. We also planned some future projects.

Number of Adult Volunteers- 5

Number of Young Volunteers – 0

**Total Number of Volunteers – 5**

Number of New Adult Volunteers – 2

Number of New Young Volunteers – 0

**Total Volunteer Hours - 15**

**5. Wednesday 21<sup>st</sup> March 2018 – Springvale Community Garden**

**Activities included:** Pruning and shredding a lot of dog wood.

Number of Adult Volunteers- 7

Number of Young Volunteers – 0

**Total Number of Volunteers – 7**

Number of New Adult Volunteers – 1

Number of New Young Volunteers – 0

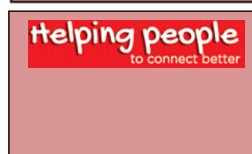
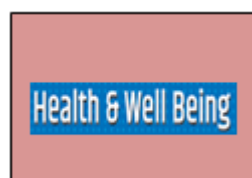
**Total Volunteer Hours - 21**



**The public health outcomes this contract has helped to achieve:**

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.16	Utilising outdoor space for exercise and health reasons
1.18	Social isolation
Health Improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.13	Proportion of physically active and inactive adults

## Isolated and Vulnerable Older People Service



	RAG
Satisfactory quarterly monitoring report	●
Milestones achieved	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

The Penistone Area Council allocated £70,000 to commission Barnsley Age UK to deliver this project for 12 months from January 2017-January 2018 with the option to extend the project for a further 12 months subject to satisfactory achievement of outcomes. At its Penistone Area Council meeting on the 5th October 17 the Area Council confirmed the recommendation to extend this project for a further year as all performance was satisfactory after year one.

The project aims to address the needs of isolated and vulnerable older people in the Penistone East and West area, and is being delivered under the working name of 'Social Inclusion Project' rather than isolated and vulnerable older people service as it was felt that this was a much more positive approach in terms of marketing the project and engaging people. The report below provides the outputs and outcomes for the first quarter of the second year of delivery.

### Year 2 Milestones, Outcomes and Interventions: Performance Targets

#### Milestones

Milestones and targets	Date and comments
Quarterly Meetings with Area Manager	April 26th, July 27th, October 19 <sup>th</sup> and November 20 <sup>th</sup>  Due Date for Report 13 <sup>th</sup> April Meeting 27 <sup>th</sup> April
Scheduled Meeting with Elected Members	17 <sup>th</sup> May 2018
8 x Sloppy Slipper Events To be delivered	Quarter 1 – 2 Events delivered. Quarter 2 – 6 Events Scheduled
3x Further Events to be delivered inc. Winter Warmth, Summer Barbecue	BBQ 29 <sup>th</sup> July ( with Bumping Spaces) Winter Warmer event ( to include Winter register) October TBC 3 <sup>rd</sup> event TBC

Minimum of 3 new groups/activities set up by June 30 <sup>th</sup> and 3 further new groups/activities by December. Total 6	Weavers Court- Tea and Chat Group set up January 18
2 case studies per quarter produced.	Attached to report

**Activity Intervention Target (New 2018 targets in italics)**

	Q4 Target	Q4 Actual	Q1 Target	Q1 Actual	Q2 Target	Q2 Actual	Q3 Target	Q3 Actual	Year Target	Year Actual
No of Eyes on the Ground Activities		<b>2</b>	6						8	
Interventions Delivered	<i>125</i>	<b>185</b>	<i>125</i>		<i>125</i>		<i>125</i>		<i>500</i>	
No. of older people attending new groups/activities as result of programme		<b>51</b>							100	
No. of older people accessing services/local facilities as a result of the programme.		<b>115</b>							200	
No. of Love Where you live events		<b>4*</b>								
No. of Love where you live volunteers		<b>22</b>								

*\*Inc. Winter Register, 2 SS Events, AUKBGroup*

**Outcome Indicators**

**Outcomes: Being Healthy and Safe  
Staying Connected and Reducing Isolation  
Enjoy and Achieve  
Making a positive contribution/promoting independence  
Having Choice and Control over your life and activities**

	Q4 Target	Q4 Actual	Q1 Target	Q1 Actual	Q2 Target	Q2 Actual	Q3 Target	Q3 Actual	Year Target	Year Actual
% showing improvement in wellbeing/ reduction in loneliness		100%							80% To show improvement	
% showing substantial improvement. Increased feelings of health and wellbeing among older, vulnerable people. Use of shortened wellbeing scale focused on		100%							80% To show improvement	





attending 3 or more events.										
No of volunteer opportunities created		7*							**	

\*As Love where you live plus Comm Car, Good Neighbours and Groups.

\*\* Target to respond to need

## Introduction

This report is for the period from 1<sup>st</sup> January 2018 to 31<sup>st</sup> March 2018 of the service that is commissioned by Penistone Area Council to address social isolation among older people. The team from Age UK Barnsley is Karen Dennis who works to develop group activities and Ellen Hall who works with individuals at risk of social isolation. They are supported by Jane Holliday, CEO of Age UK Barnsley who is responsible for managing the contract.

## Promotion

There has been some extreme weather this quarter that has affected the area badly but the service has continued throughout. Karen has been out speaking with groups including Hoylandswaine Church Coffee group, joining in with the Bunting Making Group for the Tour de Yorkshire and the Penistone Arts Week and distributing service leaflets in the area. We are focusing more on the smaller communities in the area this year as well as continuing to support and develop groups and activities within Penistone itself.

## Groups and Activities

A new Tea and Chat group has been developed at Weavers Court There have been 3 meetings to date with 50 attendances in total. Two Age UK Barnsley volunteers are running this group to enable its sustainability and it is being supported by Karen.

U3A Groups are still going well, latest average attendance figures are:

Crafty Chat 7,

How our Ancestors Lived 13

Paramount group 8

Crown Green Bowling- new season meeting for coffee 27th March average 18.

Bread making 6

Walking 14

Patchwork projects 14

We stopped canasta as only 2 people attended but this could start again if there is demand.

The Ward Alliance has given us a grant to deliver Sloppy Slipper Events across the area. This is an initiative to stop older people having falls in the house due to ill-fitting or unsuitable footwear by offering new, fitted, sturdy slippers. We wanted to link these into our community events out in the smaller communities so that we could also find out about where socially isolated people are and what the community wants. However, the first event held in Millhouse Green was very disappointing in terms of turnout with only 4 pairs of slippers handed out and we are very grateful to Councillor Griffin for his efforts to involve local people. The second event at Crow Edge was much better attended by 11 local people and we hope that attendance will grow as publicity reached people about the initiative.

Information about what activities and groups are available for older people in the area is now available at key points in the area e.g. the library and the information kept current. We continue to work with stakeholders to identify gaps as a result of this piece of work

### Work with Individuals (Year So Far Totals)

We have now had **82 people** referred to the individual service of which 67 were for longer term support. 13 referrals have been received in this quarter.

The highest number of referrals now comes from GPs and Social Prescribing. We have 29 volunteers working on the Good Neighbours and Community Car Services, 10 of these volunteers are working with someone on a long term basis as a befriender to people who find it difficult to leave the house.

<b>Service User Statistics</b>						
Male	Female					
17	50					
British						
67						
Age 50-59	60-69	70-79	80-89	90-99	100+	NK
7	3	20	22	13	0	2
Address						
Penistone	Silkstone	Silkstone Common	Millhouse Green	Oxspring	Ingbirchworth	Crane Moor
28	8	2	4	2	3	1
Hood Green	Wortley	Crow Edge	Thurgoland	Thurlstone	Hoylandswaine	Dunford Bridge
3	1	1	3	4	4	1
Cubley						
2						

There are two Case Studies accompanying this report to give further detail about the work we are doing with individuals and groups in this area.

The Community Car Service is operational and we have six drivers. There have been 59 journeys in this period. We are on course to meet our target for Year 2 of the contract but we need to continue to promote this service and will probably see an increase in use as the weather improves.

The Winter Register has proved extremely helpful in this quarter with the extreme weather. Last October we started taking details of older people who felt they would be vulnerable when the winter arrived and 34 people put their names on the register. However, we made it clear that other people could contact us if needed. When we knew that bad weather was coming in January and March, Age UK Barnsley staff and volunteers contacted vulnerable individuals in advance to make sure they knew about the weather warnings and were ready to potentially be snowed in for a while. Staff and volunteers went out to older people who

weren't prepared, by shopping and ensuring they would be warm enough. When the really bad weather hit, we received a variety of calls for help. These were mainly for Good Neighbours to help by shopping for basics like milk and bread. One person was worried about using her heating because she was low in her prepayment meter and a volunteer went out to buy a top up card for her. Another person was feeling ill and a volunteer went out to her, made a GP appointment and took her to the appointment. We are very grateful to our Good Neighbours and local groups for working so well with this. Because of the spread of willing hands across the area, we were able to meet the needs of these vulnerable older people even in the worst of the weather.

A total of 215 hours of time have been donated by volunteers in this quarter on this Penistone Social Inclusion Service and there are three new volunteers who have joined the team.

### Individual Outcomes

We have the opportunity to measure how the service improves the wellbeing of isolated older people and alleviates loneliness each quarter. We used the UCLA Loneliness Scale to measure loneliness responses and the Shortened Warwick Edinburgh Mental Wellbeing Scale (SWEMWBS) to measure wellbeing. These are widely used and accredited tools and both require service users to look at a set of statements and see which describes their current position. Service Users are asked to set a base measurement before the service is delivered and then again after 3 months or on ending the service if this happens sooner.

Outcomes Monitoring						
Statement	Points	1	2	3	4	5
<b>SWEMWBS</b>						
Which best describes your experience of the last two weeks?		None of the Time	Rarely	Some of the Time	Often	All of the Time
1: I've been feeling optimistic about the future						
2: I've been feeling useful.						
3: I've been feeling relaxed						
4: I've been dealing with problems well.						
5: I've been thinking clearly						
6: I've been feeling close to other people						
7: I've been able to make up my own mind about things						
Statement	Points	1	2	3		
<b>UCLA 3 point scale</b>						
		Hardly Ever	Some of the time	Often		
1. How often do you feel like you lack companionship?						
2. How often do you feel left out?						

3. How often do you feel isolated from others?					

The SWEMWBS Scale has a highest potential score of 35. This would mean that the person is always optimistic, feels useful etc. We found that the baseline mean average score across service users measured over the quarter was 21 while the 3 month reviews showed an average score of 25. This indicates that the service is working well across the group to increase wellbeing.

The UCLA Loneliness Scale has a highest potential score of 9 and a lowest potential score of 3. 9 would indicate that the person often lacks companionship, feels isolated and left out. 3 would indicate that they rarely feel any of these. The mean average score for service users at baseline over the quarter was 7. This indicates that there are fairly high levels of loneliness among the group. The review average scores for the same people after 3 months of service was 4 showing that the service is working to alleviate loneliness.

These scores are used with individuals to help them plot their personal journey and to identify the areas that they still need to work on. Looking at these as averages across all service users gives strong indicators that the service is alleviating loneliness and improving wellbeing of the older people we are supporting. In this quarter 100% of those reviewed had increased their wellbeing and reduced their loneliness measures.

**Compliments and Complaints**

In this period, we have received no complaints about the service although there was some confusion about the date/time of the Tea and Chat group over the Easter period and we are addressing this to ensure it is more clearly communicated in the future.

Two feedback comments were passed on by service users:

“Thank you so much for sending me [volunteer]. I love her and she is brilliant. We get on so well and she is so easy to talk to”

“You have been so kind. I can see a light at the end of the tunnel”

**Future Events**

From April, the Eyes on the Ground and Sloppy Slipper Events will also be held in Hoylandswaine, Thurgoland, Tankersley, Silkstone Common, Cawthorne and Penistone. We will also follow up by going into local Luncheon Clubs and Activity Groups to ensure we provide slippers to as many older, vulnerable people as possible.

A drop-in event has been arranged for Thursday 5th April, 10am to 12 noon to encourage people to get involved and tell us what new U3A activities they want. The U3A Table and Board Games group will be putting on a display and talking to people about establishing a similar group in Penistone. They will be covering Mah Jong, Mexican Train, Chess, Scrabble and others. Karen has produced a flyer to promote the event and will be in attendance on the

day. Other groups may be formed after the meeting on the 5<sup>th</sup>. The Drop In sessions are proving popular and we get new members joining, members coming to see what is going on and to pick up their Buzz magazine and general enquiries.

In April, Karen will be leading a Poetry and Typewriter Event at Weavers Court. We are hoping that this will be an intergenerational event alongside a local primary school where older people and younger people will write to each other.

**Age UK Barnsley                      Case Study 1**

<b>Title: Social Inclusion Project – Weavers Court</b>
<b>Date: 30.03.18</b>
<b>Ward Area: Penistone East and West</b>
<p><b>Summary:</b>          A new group has been set up at Weavers Court sheltered housing in Penistone. The group is fully inclusive and non-residents are encouraged to become involved.</p>
<p><b>Key Learning Points</b></p> <ul style="list-style-type: none"> <li>• To provide a new group where the members will be actively involved in deciding what activities they do.</li> <li>• To enable older people to join a newly established group that may offer them something different.</li> <li>• To see if the group will run effectively with volunteers and with input from members to ensure sustainability beyond the lifetime of the Social Inclusion Project.</li> </ul>
<p><b>Background</b></p> <ul style="list-style-type: none"> <li>• Over the period of delivering this project it has become clear that some older people would like to be part of a group where the activities are varied and not focussed just on one particular area of interest.</li> <li>• Two volunteers, Louise Whitehead and Barbara Lee who were involved in previous Age UK Barnsley events at Weavers Court, expressed an interest in leading this new group.</li> <li>• The room is made available free of charge by Equity Housing who manage the building.</li> <li>• The group meets on the last Friday afternoon each month, 2-4pm and 3 meetings have taken place: 26<sup>th</sup> January – 27 attendees, 23<sup>rd</sup> February – 15 attendees, 23<sup>rd</sup> March – 8 attendees.</li> <li>• An activities plan has been put together with input from all members. This includes ideas such as: Poetry, Gin Tasting, Fashion Show, Pub lunches, Basic First Aid, Bird Watching, Cinema</li> </ul>
<b>Who was Involved:</b>

**Staff – Yes**

**Existing Volunteers –Yes, 2 people.**

**New Volunteers - No**

**Hours Given 2 hours per month for the meeting plus an extra hour for setting up and clearing + planning. Total for this quarter = 9hrs x 2 volunteers = 18 hours.**

**Any unplanned outcomes (Good or Bad)**

- The first 2 meetings were well attended but there were only 8 at the March meeting.
- This is possibly due to bringing this meeting forward by a week because of Good Friday. I
- One of the members contacted KD (who was not in attendance) and told her that it was disappointing and that she felt that the volunteer leaders did not advise all the potential attendees about the change in date. She also said that she felt the volunteers could be more proactive and inclusive.
- The intention is that this group is sustainable beyond the project and this relies on the volunteers to develop and manage the group. By stepping back at this time KD feels that it is too soon and will now continue to have a more active role for the next few months to ensure that the group is successful.

**Outcomes of Project**

- A new group has been established as a result of listening to older people's views on what they would like.
- Two volunteers are in place to lead and manage the group.
- A venue has been found that is free of charge.
- An activity plan has been put together with input from the members.
- Further links have been made with Penistone Car Scheme to assist people to attend.

**What could have been done better**

The third meeting shows that the volunteers need further support to keep this group up and running and support will be provided by KD to ensure this happens.

**Next Steps**

- To continue to support the group by working with the volunteers to follow up the ideas for activities and put arrangements in place for them to take place.
- To work with the Manager of the unit to set up new activities in in this venue
- To recruit volunteers to facilitate new activities

**Title Individual Case Study, March 2018****Date**  
**March 2018****Ward Area****Penistone****Summary**

T lived in a rural area and felt very isolated after separating from her husband in May 2017. Her house was up for sale and she needed to move. She wanted to move to Penistone where she could be closer to amenities. However, she is experiencing anxiety issues that are causing her to become very forgetful and confused, and this has left her feeling very low and lacking in confidence.

**Key Learning Points**

T's case became very complex due to her changing health needs. What started off as introducing her to new activities became much more in depth and in the end the Social Inclusion Worker (SIW) was much more involved than initially expected.

**Background**

T was referred to us by an Independent Domestic Violence Advocate (IDVA). The referral was made as T had separated from her husband and was now feeling isolated due to living in a very rural area. The SIW went to see T, who expressed an interest in joining new groups in order to make new friends. She also registered to use the Community Car scheme as she didn't drive and the bus services were poor.

T attended a coffee morning and really enjoyed it. However, as the weeks went by her mental health deteriorated due to stress and anxiety and she became very low, confused and forgetful. She has had 2 referrals to the Mental Health team since May and a referral to the Memory Team. She has been tested for dementia and results were clear, indicating that her confusion was down to her anxiety. She has also been referred for counselling and had several medication changes as her GP has been monitoring her depression.

Despite her confusion, T has full capacity and is able to make decisions for herself. However, her confusion and loss of confidence meant she lost some ability to deal with the stresses of moving home.

T needed support with every element of moving, including finding somewhere to live, the

move itself and helping her update her new details with organisations. We have effectively been her memory whilst she has gone through this process to make sure everything went smoothly and ensuring she did not have to endure any additional stress that could exacerbate her anxiety.

As well as helping with the move, the SIW has also attended T's GP and Mental Health appointments at the request of T, to ensure she was getting the support she needed.

### **Who was Involved:**

**Staff 2**

**Existing Volunteers**

**New Volunteers 5 (including 2 car scheme drivers)**

**Hours Given 100+**

### **Any unplanned outcomes (Good or Bad)**

It was never the intention of the project to get so heavily involved but as there was nobody else to support T, it is likely that her mental health would have suffered even more had she been left alone.

The positives are that T has settled very well and is no longer isolated. She has even joined new activities, started to go into Penistone to do her own shopping and has made new friends.

### **Outcomes of Project**

T has now moved and has settled in really well. Her anxiety and depression have lifted and her mental health has improved. She does still experience confusion but this is expected whilst she fully adjusts to her new surroundings. She is no longer isolated and finds that having amenities on her doorstep such as shops and her GP means she has got her independence back.

### **What could have been done better**

Although this was a complex and ongoing case, things went as smoothly as they could given the circumstances. Although we worked with T for a long time, this was because we could not go any quicker than her own health could allow. She got the outcomes she wanted in the end and we can now start to withdraw support from T, as we have given her the tools she needs to tackle her isolation.



## **Next Steps**

T is looking forward to enjoying her first summer living in Penistone.

### **Public Health Outcomes this project helps to achieve**

<b>Improving the wider determinants of health</b>	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.18	Social isolation
<b>Health Improvement</b>	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.13	Proportion of physically active and inactive adults
4.13	Health related quality of life for older people

# Penistone Youth Project



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	
Milestones achieved	
Outcome indicator targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

This project was funded via the Penistone Working Together Grant for a 12 month period to provide targeted youth support through projects to engage young people in positive activities that support their transition to adulthood. The project completed in January 2018 having provided satisfactory outcomes including many volunteer opportunities.

The information below provides the final summary of the outcomes achieved at the end of the contracted period in January 2018.

**As a result of careful spending and matched monies this work has been made sufficiently sustainable to continue beyond the contracted period into this quarter (although no further monitoring has been collected as it is no longer required).**

## Activity Intervention Targets

Activity/Intervention	Quarter 4 2016/17		Q1 2017		Quarter 2		Quarter 3		Total Project target	
	T	A	T	A	T	A	T	A	T	A
Local Spend (aim is 80% or above)	80	80	80	80	80	80	80	80	80%	
No. of adult volunteers engaged No of new adult volunteers (new vols will be counted in above target also)	5	4	5	4	5	2	5	4	10	
No. of young people engaged in volunteering (may be same young people per qtr.)	50	50	50	50	50	30	50	40	100	
No of young people engaged in volunteering on 3 or more events	30	40	30	40	30	30	30	40	60	
No of new volunteer under 18 (young people new to volunteering and the project)	10		10	30	10	10	10	10	20	

		30								
No. of activities which involve young people under the age of 18 (touchdown, workshops etc )	10	15	10	15	10	10	10	18	20	
No of young people reporting an increase in confidence (Evidence: questionnaires/ feedback? )	20	20	20	20	20	20	20	10	40	
No of young people receiving information, Advice and Guidance (Touch Down)	75	50	75	50	75	20	75	60	150	
No of community groups supported No of new community groups supported	2	2	2	2	2	2	2	1	4	
Volunteer hours contributed	200	240	200	240	200	100	200	600	400	
No. of volunteer opportunities created	6	3	6	3	6	3	6	18	12	
No of young people achieving accreditation (woodland management)	20		20		20	6	20	18	20	
No of young people undertaking training	20	20	20	20	20	0	20	18	20	
No. of young people making a positive contribution to the design/ maintenance of their local environment	20	36	20	36	20	20	20	18	20	
Number of love Where You Live (LWYL)Events:	2	3	2	3	2	3	2	4	4	
Number of LWYL volunteers(Adults and young people) :	20	50	20	50	20	40	20	20	40	
No of facebook posts / info to Area Team to post	5	0	5	0	5	2	5	0	10	

## PROJECTS overview

### TOUCH –DOWN PROJECT

The “Touch Down” project has aimed to engage young people in a project that promotes opportunities for young people in their progression to adulthood and their “stepping stone “to their future life. The project has taken place in the Penistone Market Barn – the project has been on offer in the early spring and July this year.

Participants included the Royal Navy, TIAG –Targeted Information Advice & Guidance –A service for young people looking for a career and training opportunities – Health issues were addressed by the School Nursing Team & The Life line team, other peoples included the Media –from Penistone FM Radio & DE JA VUE -DJ &, the local community Police were represented by the community Policing team, – the projects were well received by the young people- allowing for positive dialogue to take place.

Penistone Tesco Store supported both projects by providing refreshments and staff to add further value to the events

The projects have been achieved only using 50% of the budget –by careful and frugal management of the allocated funds

## Forest School days & Broad Ings Tankersley

The project has now operated for over 6 months engaging young people in over 50 activity sessions, the young people have gained practical conservation skills which are transferable to the world of real work.



The course provides basic Health & Safety workshops and basic first Aid for a woodland working environment, additional skills including woodland craft tools workshops. The project is working in Partnership with Tankersley Parish Council, attracting further funds and commitment to achieve sustainable woodlands or wildlife and the community. The “ Listening Bench” has been created with young people and provides an area of tranquillity – through Sculpture and art working together

### Access Workshops

This project has provided over 100 metres of upgraded footpath in rural environment, the path work has been carried out to a high standard, allowing people to access an area previously in very poor condition. The path has been dug out and surfaced with recycled road materials, the path whilst sympathetic to the local environment is of very hard wearing nature. Over 30 tons of material have been wheel barrowed to allow the path to be completed .Local people are now very excited about the future work by the volunteers Tankersley Parish Council are a willing partner of the project in all aspects of the work

### Remembrance Project –Poppy Bench



This project now in its second year, has gone from strength to strength – the project has engaged many young people in the development of this very valuable project. The work has included the production of over 1000 new poppies made from recycled pop bottles, in partnership Tesco Penistone Store –The

Remembrance/ Poppy bench launch took place November , the bench now stands with pride in community garden at Penistone IKIC Young Peoples Centre



in  
the



### Challenge Workshops

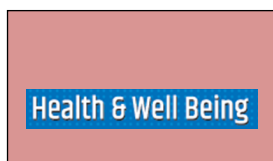
These workshops throughout the year have covered many subject areas of life for young people and their development. Work has taken place with local training providers for young people, the areas of Health, both Physical and Mental Health have been on the agenda. Further workshops have looked at FIRST AID for young people – the workshops are invaluable in allowing the

young person to become an “Active Citizen” whilst still having fun and learning

The public health outcomes this project has helped to achieve:

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.16	Utilising outdoor space for exercise and health reasons
1.01	Children in low income families
1.18	Social isolation
1.02	School readiness
1.03	Pupil absence
1.09	Sickness absence rate
Health Improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being
2.11	Diet
2.12	Excess weight in adults

# Bumping



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

This is the final report for this project as it's two year funding from the Working Together Fund finished at the end of the quarter 4 in the financial year 2017/18.

The project has been consistent in meeting the outcomes set at the outset and has demonstrated the value of peer support to enable engagement of harder to reach, vulnerable adults in the Penistone area. The success of this project has been recognised at a recent national event held within the region for it's pioneering approach to Peer mentoring. The Area Council will be presented with information on the legacy this project leaves at it's meeting on 7th June 2018. Final project outcomes are shown below and case study highlights.

## Project update

Update	Progress, achievements, issues
1 <b><u>Introduction</u></b>	<p>This report details the final quarter of activity as part of our Area Council Funding, and it seems to have flown by! So much has happened, the group has grown, and its membership become even more diverse. Our age range is now between 18 months and 99!</p> <p>There is also a wide variety of skills and talents within the group that are always put to good use.</p> <p>As a group we are pleased with our progress and are looking forward to a happy future together in our community.</p>
2 <b><u>Project achievements</u></b>	<p>Our group has grown not only in numbers but also in diversity (see below concerning diversity).</p> <p>We have created a group that now runs 3 days a week, and at times can be peer led.</p> <p>There has been an astounding 2778 hours of peer support given to people in the group in session times over the time of the funding.</p> <p>Support also not only takes place within the times the sessions run but also outside, in person, through facebook and on the telephone. Thus creating a support network that is often available 24/7.</p> <p>We have stayed locally routed, and whenever possible try to buy local.</p> <p>We have been involved in "community action", making things happen in our community. For example we organised the 'Community Christmas Lunch' and "New Years Fuddle" as well as being involved in the TDY celebrations and preparations again.</p> <p>We have made some strong partnerships with local organisations and businesses. Many more people know who we are.</p>

		<p>We have started to form as our own community group so that we can continue what we do (theres more about this in the next section).</p> <p>We are proud that people feel they can talk about anything in our groups.</p> <p>We are also proud that our members say that they feel valued and not judged.</p> <p>Finally we have become part of the community at Pendon House sheltered housing and feel our presense is valued.</p> <p>We have showcased our work at a national event. We have plans for the future and know how we can keep running even in todays tough financial world.</p> <p>Attachment 5 provides numerous photographs and quotes that detail what the group means to people.</p>
<b>3</b>	<b>Legacy plan</b>	<p>The new organisation will be set up in the next month. There has been delays as there are now two options for the future. Both are led by local people, but one would be a community business model (CIC), and the other a community group. We may set up both eventually, but there will be just one in the first instance. We are taking time so that we have the right people on board, and there has been changing circumstances in some peoples lives. Having being prudent with the budget the project is continuing to run until August 2018.</p> <p>As soon as the new structure is formed we will apply for the National Lotteries Awards for All Funding and other funding.</p> <p>Due to the hard work all the group has put in both Tuesdays and Saturdays are now on the verge of being able to be peer led.</p> <p>The facilitator of the group is also able to volunteer her time for the "Community Lunch" on a short term basis. Any new funding will allow the group to grow their activity in the community and reintroduce paid support to the "Community Lunch" if needed.</p> <p>Another well respected group and community member Mandy Lowe Flelo will also be joining the "Penistone Bumping Spaces" team on a paid basis at times when funding allows.</p> <p>The income from the "Community Lunch" and "Jane's Breakfast Club" also now covers all day to day expenses of the group, and any monies needed for craft activities etc.</p>
<b>4</b>	<b>A space to call our own?</b>	<p>Our group has come a long way in the last two years; and we have big dreams for the future!</p> <p>One day we would like a space of our own. To this end we have met with Library Services as they are at present doing a library review and also are involved in the "Penistone Community Alehouse Project" (see below for more information about this).</p>
<b>5</b>	<b>More than "just a community group"</b>	<p>Often people on the surface can view the work of "Penistone Bumping Spaces" as "just meeting up" or "people just having a cuppa"; but the work of such groups goes much deeper than this.</p> <p>Attachment 7 has been completed for just one week of activity at 'Penistone Bumping Spaces'. It shows an analysis of the health conditions/disabilities/life experiences that people have presented with; and these conditions are only what people have disclosed.</p> <p>This kind of analysis starts to delve into the heart of peer support. As throughout the lifetime of this project the group have shared things about their conditions and life experiences and offered support to each other.</p> <p>It also provides a picture of how inclusive the group is. Many groups may only cater for one sector of the population; but the ethos of the group has always being to include everyone.</p> <p>The analysis bursts some of the myths that people believe about an area such as Penistone as well. As many people believe that such conditions are not prevelant in our community. There is a power in both the peer support and inclusion that has been central to making this project work. Attachment 7 details some research that has been completed concerning "Denaby</p>

		<p>Bumping Space” and it further reinforces the above.  As does the blog about “Denaby Bumping Spaces” that can be found here:  <a href="https://welldoncaster.wordpress.com/2017/05/10/the-bumping-space-so-much-more-than-a-cuppa/">https://welldoncaster.wordpress.com/2017/05/10/the-bumping-space-so-much-more-than-a-cuppa/</a></p>
<b>6</b>	<b>Sessions that can now be peer led</b>	<p>Throughout the project, and especially in this quarter members of the group have started to step up and begin to take on leading roles in the group.  Tuesdays “Cuppa Happy Group” and Saturdays “Jane’s Breakfast Club” can now run with a small amount of paid support.  This support is mainly around the finances, as people have tried to take this on and not being able to. We will continue to work on finding a peer who will be able to support this.  Thursday’s “Community Lunch” still needs paid/ experienced support due to the numbers of people and the complexity of the group.  The experience of the larger organisation is that some element of paid/experienced support is needed on a long term basis. Especially for financial and problem solving purposes. Paid and experienced support is also usually needed when new groups are being set up or they need to take a new direction.</p>
<b>7</b>	<b>Mindfulness</b>	<p>Course This quarter we have partnered with WEA and held a Mindfulness Course at Cafe Creme on a Monday evening.  The course went really well and brought new members of the community into the group.  The people in the group who completed the course have commented that they are using the skills they have learnt on an ongoing basis.</p>
<b>8</b>	<b>Presentation of work at a national event</b>	<p>The People Focused Group who host “Penistone Bumping Spaces” are a well established, nationally recognised peer support organisation.  This year they celebrated their 10th anniversary by hosting an event in Doncaster called “The People Focused Group... Our Stories”.  The facilitator of Penistone Bumping Spaces Karen Senior organised this event, and it was attended by 100 people.  The work of Penistone Bumping Spaces was showcased here. Two people told their personal stories of what the group meant to them, and 8 people from the group attended the event.  Wendy Lowder (Executive Director - Communities - BMBC) attended the event, and was so inspired that she is currently pulling together a group of people who can look at running a similar event in Barnsley.</p>



9	<b>Tour de Yorkshire 2018</b>	<p>Once again we have been involved in Penistone's community effort for the Tour de Yorkshire 2018. The group have woven bike wheels with ribbon that have been displayed at Penistone Railway Station. This project was completed in partnership with a student from Huddersfield University who was based with Penistone Lien Partnership, Rosie Pearsall a local artist and Penistone Line Partnership.</p> <p>We are also decorating Pendon House, are going to watch the race together in town and are having a party at Pendon House after.</p>
10	<b>"Snowy Days"</b>	<p>The strength of the peer support and mixed diversity of the group really showed through in the adverse weather that Penistone has experienced this year.</p> <p>Case Study 7 details what happened on one of the "Snow Days" when the group operated.</p> <p>People also supported each other in more ways than this and for a prolonged time. Shopping and cooking for those that couldn't get out over a span of a few days.</p> <p>It really showed that we have created a community of people that are connected by and beyond the group, who are willing to support each other.</p> <p>The fact that many of the group facilitator and members are locally routed was a great advantage at these times.</p>
11	<b>Growth of community cooking ethos</b>	<p>The "Community Cooking" ethos is a large part of "Community Lunch" and "Jane's Breakfast Club".</p> <p>People throughout this year have really taken this idea on board. People have gradually began to ask if they can cook and also join in with the cooking when they are part of the group sessions.</p> <p>The "Community Cooking Ethos" is not about people having to cook, its about people wanting to help in anyway that they can with the preparation, serving and clearing up after.</p> <p>At the last "Community Lunch" before this report was written on observation 7 people had contributed in some way to making the meal.</p>
12	<b>Work with people outside the group</b>	<p>Work with people outside of session times has continued. People have been supported with Housing and benefit issues, visiting the job centre and one person continues to be supported to clear their house as they hoard.</p> <p>This support also continues to be increasingly provided not by the facilitator of the group but by peers.</p>

13	<b>Summer garden party</b>	July 2018 will see a garden party take place that will be a joint event with Bumping Spaces, Age UK and Tesco's. The event has been funded partially by the Rountable and will be held at Springvale Gardens.
14	<b>Links with other services and organisations</b>	<p>As a group we love our community and pride ourselves on having good relationships with a number of organisations and businesses in our community.</p> <p>Paul Schofield continues to support our group by providing good quality meat at cost prices. This makes our "Community Lunch" and "Breakfast Club" able to work on minimum donations that everyone can afford, meaning that we don't exclude anyone.</p> <p>Claire Jakins from Sewcial Sewing has been a member of the group for sometime. She is at present designing aprons with us and hopes to do some "Repair Cafe" sessions for us in the near future.</p> <p>We are working closely with the Penistone Community Alehouse Project. At first look this may seem an unlikely partnership, but if you follow link to the "More than just a pub" work that the Plunkett Foundation is spearheading it will give a better understanding (<a href="http://www.plunkett.co.uk/more-than-a-pub">www.plunkett.co.uk/more-than-a-pub</a>). The main "community aims" for the Penistone Community Alehouse that will benefit "Penistone Bumping Spaces are: provision of a free meeting space for activities, provide members with a safe welcoming place to go on an evening, as any profits are distributed to community organisations "Penistone Bumping Spaces" may also benefit from funding. Members of the group recently attended a roadtrip with other people who are interested in making a community pub a reality and had an amazing time.</p> <p>Penistone Rountable - We continue to have a good relationship with Penistone Roundtable and Ladies Circle. The planning for the Garden Party is being done in conjunction with them, and there will be funding left for Christmas activities.</p> <p>Tesco's - Our partnership with Tesco's remains strong. Many Lowe Ffello the Community Champion supports the group with her time and we continue to collect the "waste food" for use. Also please see below.</p> <p>Valleys Transport (Denby Dale) - We have made contact with Valleys Transport so that we can start to use their mini buses. We have also worked with Age UK, Twiggs, DIAL, WEA, Penistone Line Partnership, Cafe Creme and Cafe Generation. The information about these partnerships is included in other parts of this report.</p>

## Milestones

<b>Milestones and targets</b>		<b>Progress, achievements, issues</b>
<b>1</b>	<b>Sewing machine purchased and groups started – updates</b>	Brother 734D Materials for sewing and craft groups purchased See previous reports.
<b>2</b>	<b>Promotional leaflets produced</b>	Promotional leaflets produced Promotional leaflets have continued to be produced from existing resources. These have been distributed throughout the community. We are concentrating on the promotion of our Tuesday and Community Sunday Lunch groups at the present moment, as our “Community Lunch” on a Thursday is often full to capacity.
<b>3</b>	<b>New groups set up</b>	“Cuppa Happy Group” - We have renamed and launched the Tuesday am group that is held at Cafe Generation twice a week. This group will also be registered as part of the “Chatty Cafe” scheme in the next couple of week. “Big Community Sunday Lunch” - There has now been two Sunday Lunches and these have been well attended and popular. These are going to be held monthly moving forwards. It is hoped that at some point in the future they can become more frequent.
<b>4</b>	<b>Steering group</b>	The steering group continues to meet at Tesco’s on a fortnightly basis and has an active role in deciding on what the group does and its future. People also continue to ask for support from other members of the group if they need it in this forum. Tesco’s continues in there fantastic support of this session, by letting us use their Community Room free of charge for this meeting and have a breakfast from their canteen. Mandy Lowe Ffello the Tesco’s Community Champion also supports this meeting.
<b>5</b>	<b>Facebook content</b>	Our Facebook page “Penistone Bumping Spaces” continues to be a major way that we communicate with people, and the way in which we get feedback about what is popular and any ideas that could work. This quarter we have also added a number of other people to the list of editors for the page (there are now 6). This will broaden the amount of information on the page and allow the peer led sessions to be represented on the page. Of course doing this comes with a risk, and for this purpose a set of simple guidelines has been drawn up. Also Karen Senior the main facilitator of the group gets notifications when anything is posted to the page.
<b>6</b>	<b>Photos and 2X casestudies – quarterly</b>	Photos have been sent along with this report in an attachment that also details a number of quotes that people who attend the group have made. This information was used at “The People Focused Group... Our stories” event detailed above. There are three case studies this quarter. Two are reflective pieces, one about what happened in the adverse weather conditions in Penistone, and another that was written about the way in which the Thursday group works. The final case study details an account from a member who comes from outside the Penistone area (but still in Barnsley). The case study looks at how it has benefited him being a member of a group in another community, and also how he contributes. We have approximately 5 members who come from outside the area to the group.

## Activity Intervention Targets

	Quarter 1 April -June		Quarter 2 Jul - Sept		Quarter 3 Oct - Dec		Quarter 4 Jan - March		Total Project Target
Activity/Intervention	T	A	T	A	T	A	T	A	
% of contract price spent locally	0	62%	0	64%	0	84%	0	85%	74% (average)
<b>Outcome 1 People are recognising and sharing their skills and talents with each other resulting in people feeling valued</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Number of people attending training sessions	0	1	0	0	0	0	0	9	-
No of people achieving accreditation	0	1	0	0	0	0	0	7	-
<b>Outcome 2 Growth of a group of diverse people that design groups that work for them, resulting in supports that are flexible</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Number of new groups created	0	5	0	2	0	4	0	2	-
Number of people attending groups (see attachment)	0	427	0	433	0	692	0	749	-
Number of people worked with outside of groups	0	5	0	7	0	4	0	10	-
Number of new people worked with	0	9	0	12	0	57	0	11	-
No of new peer leaders attending 3 or more events	0	6	0	3	0	6	0	5	-
Number of new peer leader opportunities created	0	6	0	3	0	6	0	5	-

Number of LWYL events	1	1	0	0	2	2	1	-	3
<b>Outcome 3 Providing an alternative for people of all ages/ needs to access support, resulting in the hard to reach finding support</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
No. of residents referred for advice and guidance	0	10	0	5	0	5	0	0	-
No. of residents referred to health advice	0	3	0	2	0	3	0	2	-
% showing improvement in wellbeing or Reduction in loneliness	0	100%	0	100%	0	100%	0	100%	-
<b>Outcome 4 Growth of numbers of people who want to involved in social action, resulting in more people being involved.</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Number of peer volunteers running and supporting groups	0	15	0	16	0	17	0	14	-
Total number of peer support hours (approx)*	0	540	0	600	0	910	0	728	-



## CASE STUDY 7

### “A SNOWY DAY”

#### Penistone Bumping Spaces - March 2018

You can read below a Facebook post from the 17th of March 2018, during the time when the snow arrived in force in Penistone.

It explains the power of a group of people who have been part of a group, that has mutual/peer support at its very core.

It also shows the power in a group that is locally based and facilitated. This means that organisation of any response needed to a situation can happen quickly and effectively, with no additional cost.

They had put on their wellies and were shopping for the people at the sheltered housing complex where we are based a couple of days a week... Know one had asked them...they just wanted to...

I collected my shopping and arrived at my destination to find Jane already had the grill on and the bacon cooking... It smelt homely and inviting...

Nearly 20 people came and went this morning sharing a cuppa and a bacon sandwich... Warming themselves and having a chat and even sharing a few laughs before they went on their way... We also delivered sandwiches to people who live in the nearby bungalows who couldn't get in as the paths were so icy... Stopping a while to share some chatter and a hug...

Today is another snow day here in Penistone...and sometimes there's a power in simply telling the story of what our group does on days like today... I ventured out of the house clearing all the snow off my car and getting in... I started to drive and on my way saw Jane battling her way up the High Street with the snow driving at her... She hadn't rang to moan or say that she couldn't come... She wanted to run the group that she has become so proud of...I arrived at Tesco's to buy some things we needed...and met another two members of the group who had a shopping trolley

One of the ladies we delivered a sandwich to said "we have such a lovely community here now"....and to hear that brought a tear to my eye...

It's all the connections between people...and the will that we all had this morning to look after each other that mattered...

So that's my story... The story of 3 hours of time and how our group came together to be a community of people who cared for each other on a snow day here in Penistone...

[#peersupport](#) [#community](#)  
[#doinggooddoesyogood](#)

## CASE STUDY 9 "JUST BEING"

Penistone Bumping Spaces - March 2018

# Just being together...

The facilitator of the group writes a blog that documents her musings on her work and life and this is an entry into this blog.

It documents her thoughts on how we have forgotten the importance of just "being together"...

This morning I set out on my days journey...rucksack on back...and a to do list in my head...

My first stop was at a supermarket to pick up some last minute shopping for "Community Lunch"... I wave and smile at someone I know...there's no time to stop...but I haven't seen them for a while so it's good to know they are ok...

My next stop the local butchers...a place I love...the banter...the way the owner and staff always seem to show an interest in everyone... Whether they come in to pick up a free newspaper...buy some food or just for a chat...

A final stop before I reach my destination for the day is the local Town Hall... I have a chatter with the two community workers there...they are lovely people...It's a rare thing to have local workers based just round the corner who love your community as much as you...

So to my destination for the day...

It's quiet and I am the first there...I get a few things ready... Then people start to arrive...I breathe a sigh of relief... If you hadn't guessed I'm a people person... Before long the room is full... Someone's got dinner on and I can hear the familiar sound of laughter...chit chat...and music in the background...

I try every week to spend at least a few minutes taking in what's really happening while I'm in this place...not just what I can see on the surface but the deeper meaning to it...

There's lots of different people together...older...younger...those who face physical and mental challenges in life those that don't...but somehow...some way that melting pot of people is working its magic...

They are together...laughing...smiling... talking about serious things...fun things...weddings...funerals...crafting...the old days...their futures...and especially what's for lunch!

The food is ready and after the rush of getting it to the table everyone goes a little quieter...enjoying a meal together...saying yum and complimenting our community cook of the day...

After our meal people settle down again to chatting and there's a game of dominos...but mostly people are just happy being together...washing up together...getting to know each other

more...laughing more...slowly clearing up...as there's no rush...it's all part of what we do together...

People then start to drift away...sharing a smile and sometimes a hug as they say goodbye...until it's just me and another person who I offer a lift to...we leave...I drop them off and it's just me again before I head home...

Home...my final stop for the day...to my partner Martin and dog Ollie...here we are eating tea...watching television...like we have done so many nights before...and will probably for many years to come...

So my musings have led me to these thoughts today...sometimes we might think we need to do more...complete that to do list...live in a state of doing...but sometimes maybe...just maybe...being together is enough...for a minute...an hour...a day...or even a lifetime...

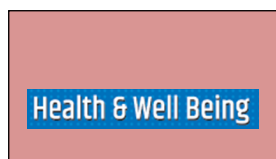
This project helps meet the following public health outcomes:

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities	
1.18	Social isolation
1.19	Older people perception of community safety
1.08	Employment for those with long term health conditions including adults with learning disabilities
Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being
2.13	Proportion of physically active and inactive adults
2.11	Diet





## Sporting Penistone



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

The project has satisfactorily met targets for the this quarter is working on a forward plan for longer term development. A summary of progress is included in the report below.

### Sporting Penistone

#### Project update January –March 2018

<u>Project</u>	<u>Progress, achievements, issues</u>
<p><u>Volunteer Administrator role</u></p>	<p>The focus has been on getting the gym back up and running, the updating of the gym policy and procedures and risk assessments.</p> <p>We have also been consulting centre users and local community organisations on our refurbishment plans.</p> <p>We have been actively recruiting new volunteers to both support new classes and for existing activities.</p> <p>Increasing existing administrative hours has enabled this role to focus more on volunteer policy development and governance issues.</p>

## Milestones

Milestones and targets	Progress, achievements, issues
Equipment purchased	N/A
Volunteer Administrator recruited	See previous page
Systems in place to improve volunteering	<p>We are operating an improved procedure for volunteer recruitment and induction with better methods of recording information.</p> <p>We ran a First Aid course in January with 9 volunteers attending.</p>

## Activity Intervention Targets

Activity/Intervention	Quarter 4		Quarter 1		Quarter 2		Quarter 3		Quarter 4		Quarter 1		Quarter 2		Quarter 3		Total Project target
	T	A	T	A	T	A	T	A	T	A	T	A	T	A	T	A	
Number of people attending training sessions					5	8	5	0	5	9	5		5		5		30
Number of volunteers, accounting for losses. Initial 40			45	42		48	50	54		62	55				60		60
Number of LWYL events			1	0				1		0	1						2
Number of new volunteers			5	7	5	10	5	5	5	11	5		5		5		35
Number of new community groups, activities or classes supported					2	2		0	2	2			2				6
Number of volunteer hours Initial: ave 57/wk, 723/qtr (13 weeks)	723		749	758	775	803	814	676	840	909	879		905		944		6629
Number of volunteer opportunities created			1	0	1	1	1	1	1	2	1		1		1		7
Number of fte jobs created	0.5	0		0.5			0.2	0		0.4					0.3		1
No. of adult volunteers engaged (new)			4	4	5	7	4	3	5	7	4		5		4		
No. of young people			1	3		3	1	2		1	1				1		

engaged in volunteering																	
No. of new activities which involve young people under the age of 18*					1	1		0		1			1				
No. people achieving a qualification							5	0**		0**	5					5	

\*\*volunteers identified and courses being sourced for gym instructor qualifications to commence early in 2018

### **Case Study 1/ good news story**

**Please take this opportunity to tell us about what difference the funding has made, the impact or any good news/ outcome that we can share.**

#### **Summary**

Supported a new activity for over 60s.

#### **Key Learning Points**

We have two new volunteers who are running a fortnightly over 60s music group.

It is in the early stages of development so numbers are lower than we would like. However we are supporting the volunteers in advertising and marketing.

#### **Any relevant background**

The older demographic is one of our target groups as we haven't run an activity specifically for them recently.

#### **Who was Involved:**

**Staff: 1**  
**Existing Volunteers: 0**  
**New Volunteers: 2**  
**Hours Given: 12**

#### **Any unplanned outcomes (Good or Bad)**

The volunteers have been a bit disheartened that they haven't had more attendees. We are supporting them in encouraging them to keep going and to continue to advertise the activity.

We would like to think we could put on a larger social activity later in the

year and attract more attendees and older volunteers.

### **Next Steps**

To continue to support the group and keep up the advertising.

### **Case Study 2/ good news story**

#### **Summary**

We have a volunteer with a disability and she is able to volunteer alongside her personal assistant.

She is keen to develop her confidence and interpersonal skills through dealing with the public and completing admin tasks.

#### **Key Learning Points**

To be creative and open to offering different volunteering opportunities to our diverse community.

To continue to offer opportunities to develop admin skills appropriate to her needs.

#### **Any relevant background**

We were keen to offer flexible opportunities so that she was able to volunteer.

#### **Who was Involved:**

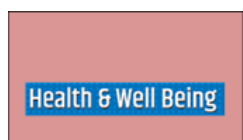
**Staff: 1**

**Existing Volunteers: 1**

**New Volunteers: 3**

**Hours Given: 18**

## Penistone FM My Town My Community



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	
Milestones achieved	
Outcome indicator targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

This project aims to deliver training in radio for people over 55 years in the local community, providing an opportunity to learn new skills and support community networks. Satisfactory progress is being made against targets for this quarter. A summary of the progress is included below.

### Project outcomes summary

Project Outcome	Intervention/ activities that will contribute to achieving project outcome	Target	Progress
<b>Outcome 1</b> Training Deliver training to 10 people	<ul style="list-style-type: none"> <li>• Training programme</li> </ul>	<ul style="list-style-type: none"> <li>• September 2018</li> </ul>	8 / 10 trained / training for NCFE with growing of interest.
<b>Outcome 2</b> Volunteering Provide volunteering experience opportunities for people	<ul style="list-style-type: none"> <li>• Number of volunteering experience taster sessions working with local volunteer groups in the area</li> </ul>	<ul style="list-style-type: none"> <li>• September 2018</li> </ul>	Volunteering experiences taken place with on going talking to the groups.
<b>Outcome 3</b> Work Experience Recognised work experience opportunities in Penistone FM Community Radio	<ul style="list-style-type: none"> <li>• Completion of the initial volunteer programme and delivery of approved work experience through volunteer presenting or other</li> </ul>	<ul style="list-style-type: none"> <li>• September 2018</li> </ul>	This is progressing well with 6 people who are now trained and on air doing programmes.

Currently we have had 8 people taking part in the My Town My Community project, with the majority joining the station as volunteers and taking part in the NCFE qualification.

We have had an open day in January this was a great opportunity to meet listeners and bring more interest and awareness to the project.

If we could take anything away to learn from the open day is to have the next one when the weather isn't as icy as I feel this may have put some people off making journeys out and maybe we would have had even more interest if we had placed it on a weekend day.

We have a trainee working on their NCFE qualification at the moment and we have had a couple more expressions of interest to get involved with the project, which have been followed up and invited in for further discussion as to what they would like to get involved with and how we can help them.

We have now printed the leaflets and flyers created and this has been distributed amongst local groups and local places such as Penistone Ladies Choir and Penistone Library to advertise the project to people in locality.

We have also been continuing with the project to have a big drive on air, online and in local newspapers.

We have started to gain more ground promoting local community groups, and we have had various groups into the studio speak from Penistone Ladies Choir to Woodhead Mountain Rescue, with many more to follow in the next few months.

We still face the challenge of promoting local community groups, we have made a plan so that we can contact all the local groups throughout the year that would be most beneficial to them, in this quarter we have contacted the requested 9, however, 4 have come to fruition. I'm finding it hard to believe that the local groups in Penistone are uninterested in what essentially is free advertising to their community group; however I will be persistent in trying to get everyone involved in this project.

We are still working with Penistone Line Partnership, we have tried to make a start with ideas for improvements to the station and we have linked her with contacts to create plans to increase volunteers however we have yet to hear any feedback to the use of these contacts.

## MILESTONES

MILESTONE	TARGET DATE	PROGRESS/ ACHIEVED
Project launched during September 2017	October 2017	Achieved
To achieve 10 NCFE Level 1 Radio unit passes for the participants and develop their communication skills	September 2018	Progress - achieved 5 /10
Introduce a new system to provide community information to Penistone Railway station and increase participation in volunteering there by 25%	September 2018	Meeting held. Plans discussed with promotion for new volunteers in progress with the volunteer group and information.
To train up to 8 new presenters or interviewers within the scope of the project to add value to the local area	September 2018	Progress – achieved 6/8
Equipment purchased	October 2017	Achieved

## QUARTERLY PROJECT TARGETS

Activity/Intervention	Quarter 2 July-Sept		Quarter 3 Oct-Dec		Quarter 4 Jan-March 2018		Quarter 1 Apr-June		Quarter 2 July-Sept		Total Project target
	T	A	T	A	T	A	T	A	T	A	
New jobs created – P/T (from 1 <sup>st</sup> September)	2 (0.8 FTE)	2									2
% of spend local to area	N/A	N/A	90 %	90 %	90 %	90 %					90%
No of new volunteers (as a direct result of this project with Pen FM)	N/A	N/A	5	5	5	1	5		3		18
No of volunteer opportunities created as a direct result of this project	N/A	N/A	10	20	10	15	5				25
No of people attending training sessions achieving a qualification with NCFE	N/A	N/A	3	4	3	4	4				10
No of community groups supported to increase volunteering (promotion of work/activities/interviews/radio air time)	N/A	N/A	4	4	6	5	8		6		24
Case studies highlighting the project	N/A	N/A	2	2	1	1	3		2		8
Content for Facebook posts for Penistone Area Team pages	N/A	N/A									As available
Provide info for Penistone Line Partnership notice board as required and increase by 3 volunteers	N/A	N/A	0	0	1	0	2		1		3



## Case Study

Eddie began volunteering with Penistone FM several years ago, his passion is music.

Eddie has always found that he enjoyed presenting; however after the launch of My Town My Community, he felt he would like to expand his knowledge and confidence in other areas at the station such as interviewing.

Eddie is currently taking part in the course and is gaining confidence in using the equipment.

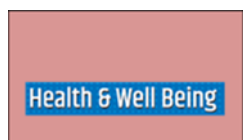
I believe for him academically this is a challenge, however he is confronting any challenge he comes across with the support from Cera and Steve and this is enabling him to learn new skills and information that he was not aware of.

This picture was taken on our open day as you can see we had a vast amount of people and we were able to talk to people who wanted to know more about the project and people who wanted to simply have a nosey around the studio.



Phil Johnson who was a trainee on our NCFE course is now a presenter with the Penistone FM team and recently interviewed Woodhead Mountain Rescue as part of our push to support local community groups.

## Cycle Penistone



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

Cycle Penistone has received Working Together Funding for a period of 12 months which ends in May 2018. Satisfactory progress against targets has been made and funding has been able to support Area Council priorities whilst making an excellent contribution to the development of this Community Interest Company. The project has also been able to pick up on the legacy from the Tour De Yorkshire coming to Penistone.

### Milestones, Outcomes & Interventions: Performance Targets

Project Update	Progress, achievements, issues
	<p>2 Part-Time Staff Posts created to deliver the milestones and more of this project. The input of having these posts has been a tremendous boost and it has enabled Cycle Penistone CIC to achieved the following and more;</p> <p>A page on our website is currently being put in place with details and links to local accommodation providers and to the Visit Penistone website. The website is updated regularly.</p> <p>Social media continues to increase our face book page followers now stands at over 1300. eBay shop sales has increased massively and we regularly ship bikes to all over the UK and sometimes abroad.</p> <p>The Sunday ride out club, is becoming ever popular with around 20 people pm turning up regularly, it's also been decided to run a ride on a Wednesday evening, so we are now open until 8pm on Wednesdays. The group are also forming a committee and having Penistone Cycle Club tops printed.</p> <p>We continue to offer regular maintenance workshops for all levels of ability and group bookings if required. New timetable of workshops, rides and information is being done.</p>

Trading figures this year show growth of an amazing 60% !

Our reliance on grant funding income has dropped from 50% in year 1 to 10% in this our 3<sup>rd</sup> year up to 31<sup>st</sup> March 2018.

We have exceeded the VAT threshold so are now VAT registered, but this enables us to offer the subsidised Cycle to Work Schemes.

Just this week we delivered an evening workshop to the local scout group of 25 young people.

We have been approached by headteacher of a school in Dinnington to deliver workshops in school.

Are happy to work in Partnership with the owners of the Stanhope Arms at Dunford Bridge.

We have 1 volunteer with us, the other went and did his CYTECH Level 2 qualification and was offered a post in a large bike shop, we have just recently taken him on a part-time basis, he travels from his home in Buxton. We have also had a volunteer doing his Duke of Edinburgh qualification with us every Saturday morning for 12 months, we have just offered him part-time hours also for this season before he leaves for Uni in September.

We're delighted the TDY is coming back through Penistone again this year, this can only see cycling and the services we offer continuing to grow, this in turn is doing what we set out to do "creating regular paid employment for local people" 9 of us, as we stand today, so were beginning to feel a bit proud of our achievements and team effort ! We also use local businesses and services as a 1<sup>st</sup> choice.

We still have visitors from far and wide using the area and returning regular, many customers from Barnsley, Sheffield and Huddersfield as well as Manchester and all corners of the UK many who are here on breaks away in the surrounding areas.

We have lots of these asking for advice and signposting to other businesses in the area from B7B's to camp sites, café's, pubs, shops and places of interest. All seem to like the fact we love where we live and have the knowledge and time to happily give them as much info as they want.

The take up of the bike re-cycling and our pick up service since launching in Feb/March has been outstanding and there's little doubt it's well received by all, the figures speak for themselves, over 500 sold since March 2017 ! and over 180 donated by mainly local people.

The other thing people love is the trade-in we can offer and of course the having a try on a bike before buying.

Overall Cycle Penistone CIC is doing really well and we are very proud as to what we have achieved in such a short time, we have a great team and lots of skills between us all, we basically love what we do !

There is no doubt with the help of this grant and the staff posts it has paid for has been a great boost and has made a big impact on growth.

We are expanding our working with BMBC and the Elsecar Park scheme so they can deliver a hire a bike scheme with a fleet of bikes we provide. To Worsbrough Mill, and doing some events at Elsecar heritage Centre.

It's been a very tough winter with the weather and our trade has been slow to pick up this spring, but all in all it's looking like it's going to be another busy year for us and Cycling in the Penistone area.

## Milestones

<b>Milestones and targets</b>	<b>Date and comments</b>
Part time development and volunteer co-ordinator in post	2 Part-time posts created and in place May/June 2017
Schools involved (6)	7 Barnsley schools and 2 Stocksbridge school have used our services for cycling events they have run.
LWYL events delivered	I need to discuss this with the Community Development Worker in Penistone and put together some plans.
2 case studies per quarter produced	2 are included with this monitoring form.
Content for Facebook posts per month x 2	Screen shots of a sample of facebook posts are included with this monitoring period.
Any additional milestones reached	60% growth in year 3

## Activity Intervention Targets

Activity/Intervention	Q 2		Q 3		Q4		Q 1	Total Project target
	T	A	T	A	T	A	T A	
Percentage of project expenditure local to Barnsley	90	80	90		90	90	90	90
Number of LWYL volunteers			6		6			12
Number of LWYL events that promote health and well being ( to be agreed with Penistone area team – community bike ride, park bike hire)			1	2	1		2	4
Grow participation in cycling:								
Number of new volunteers		2	2	0	2	1	4	4

Number of new community groups supported		2	2	1		3	2	4
Number of schools involved for the first time		6	3	1		2	3	6
Number of volunteer hours	150	5 6 0	150	360	150	150	150	600
Number of volunteer opportunities created (specific volunteer roles to be identified and promoted)		1			3	4	3	6
Number of fte jobs created	0.6	0 . 6				2		0.6
No. of adult volunteers engaged - Male - Female - Over 50's		1 1 1	1 1			4 2 3	2 2 2	8
No. of young people engaged in volunteering	2	2				2	4	6
No. of activities which involve young people under the age of 18	4	3		2		2	4	8
No. people achieving a qualification/ accreditation		1	2	2	2		2	6
No. of people taking up work placements		1	2		2			4
Increased marketing - Number of posts - Increase in followers/ shares - Number of press releases / articles	10	4 0	20	60 540	20	25 500 6	30 1	90
Number of new visitors to the area	100	3 0 0	100		100	300	100	600+
Increase in No. of bikes recycled	60	2 3 5	50		60	180	60	500+
No of signposting to businesses/ attractions etc	30	1 5 0	40		150	80	100	320+
Working with a range of services including Penistone Area Council commissioning and social prescribing service	6	6	3	2	6		3	18
No. of referrals from services, schools, agencies	12	3 0	4		25			41
Reduce % of inactive adults	20	5 0	20		20			60
No. of new people utilising outdoor space for exercise and health reasons	150	7 0 0	50		300	100	500	1000
Increase in number of cyclists on the TPT		0						50%

### Case Study 1

#### **Summary**

**The funding gave the business an opportunity to invest in extra pairs of hands for the office creating 2 part-time paid posts for local people.**

#### **Key Learning Points**

**Staff are vital to any business, investment in the right people for the job is crucial**

**Any relevant background**

As a CIC we are happy and proud to be able to offer people opportunities such as this, it appears others in the industry are not as willing to.

**Who was Involved:**

**Staff:** Jill

**Existing Volunteers:** Jill

**New Volunteers:**

**Hours Given:** 120

**Any unplanned outcomes (Good or Bad)**

Limited office space may mean expanding into the upstairs office.

**Next Steps**

It is hoped Cycle Penistone CIC will be in a position to keep Sarah and Claire on when the support for her post via this grant comes to an end in May, it is seen as a priority as their input and extra help has been justified.

Case Study 2/ good news story

**Summary**

Working in partnership with the Environment & Transport Dept at BMBC and FCC Environment who run the Household Waste Recycling Sites, we developed the Re-cycling scheme and following its launch in Jan 2017 it has gone from strength to strength.

The crowning glory has been, shortlisted in all 4 awards that the staff in the Environment & Transport applied to, winning gold in the first one iese, Highly Commended in the LGC awards 2018, awaiting results for National Recycling Awards and the Awards for Excellence in recycling and waste management.

**Key Learning Points**

Lack of cashflow has meant limited publicity of the scheme, but somehow we were lucky and managed to get publicity from Radio and press coverage as they were all so impressed with the scheme.

**Any relevant background**

We are all working together as a team, this means we achieve more, work smart and most important we are all happy to be at work. Jill's moto is "we run a happy ship climb aboard if you want to join us on our journey" !